

Time banking in action...

...the power of social networks



The fourth national time banking conference

Organised by Time Banks UK, the national umbrella charity for time banking in the UK, in association with the Wales Institute for Community Currencies.

The Future Inn, Atlantic Wharf, Hemingway Road, Cardiff CF10 4JY

**Thursday 4 May and
Friday 5 May 2006**

"A time bank offers a new, safe and much needed framework for the 'giving and receiving' that are the basic building blocks of positive relationships and vibrant communities, things that money just cannot buy."

Martin Simon – Executive Director,
Time Banks UK



This conference will provide a fantastic opportunity to:

- Keep informed about developments and hot issues.
- Network with other timebrokers, influencers and stakeholders.
- Attend workshops, info sessions and interactive exchanges.
- Learn more about co-production.
- Hear a range of inspirational speakers.

Time Banks UK – Our vision

A world in which all people can receive all that they need for their own well being by contributing what they can to building community and working for social justice.

Time Banks UK – Our values

1. People are assets

The real wealth of any society is its people. Every individual has something of value to contribute to their local community, such as their experience, their support, their contacts, their skills or their time.

2. Redefining work

Activities such as bringing up children, caring for people, keeping communities safe and fighting social injustice have to be rewarded and counted as real work.

3. Working together

We need each other. Giving and receiving are the basic building blocks of positive social relationships and healthy communities.

4. Building social networks

Belonging to a mutually supportive and secure social network brings more meaning to our lives and new opportunities to rebuild our trust in one another.

Time Banks UK is the national umbrella organisation for time banking in the UK providing:

- Support for national and regional networks of:
 - Members** – open to all active and developing time banks
 - Partners** – open to all organisations
 - Friends** – open to individual supporters
- Outreach support to individuals and groups wanting to set up a time bank.
- Training on all levels of time banking, co-production and the Timekeeper software.
- Publishing resource materials, such as handbooks, briefing papers and newsletters on running a successful time bank.
- Developing partnerships with the voluntary, statutory and corporate sector to extend time banking practice.
- Campaigning at policy level on issues that affect time banks.
- Promoting best practice and quality standards.

Time Banks UK funders:



LOTTERY FUNDED



SCOTTISH EXECUTIVE



Esmée Fairbairn FOUNDATION



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The fourth national time banking conference

Thursday 4 May & Friday 5 May 2006 The Future Inn, Cardiff Bay.

We all live in communities of one kind or another, whether at home or at work, but, have we been taking them too much for granted?

The route to more community wellbeing and social inclusion may be much closer than you think. All over the world time banks are providing the missing link between the vision of modern policy makers and the hopes of ordinary people in local communities.

Taking part in building a more active community is now a real option for many people and time banking is becoming the smart lifestyle choice for aware citizens. The idea is simple and effective – give a couple of hours a month to your local time bank, tap into the skills of other local people when you need them and in the process keep in touch with a whole range of new opportunities and useful contacts.

It makes sense, it works, it's fulfilling and it's fun.

This conference will bring together time brokers, theorists and participants, local authority managers and workers, voluntary and community sector people, policy makers and resource holders.

Who should attend:

- Timebrokers and timebank participants
- Local authority executives and managers
- Local councillors
- Local strategic partnerships
- Neighbourhood managers
- Community leaders and organisers
- Community First Partnerships
- Social enterprises
- Social entrepreneurs
- Youth work specialists
- Voluntary organisations
- Health workers
- Regeneration staff
- Citizenship teachers

COSTS

Including overnight accommodation for Thursday 4 May.

£175 for Time Banks UK members and time banks participants.

£200 for registered charities.

£250 for public and private sector organizations.

All prices include VAT.

PROGRAMME

Thursday 4 May

Day 1	What	Who
12.00	Arrival and registration	
12.30	BUFFET LUNCH	
1.30	Welcome	Martin Farrell, Chair, Time Banks UK
	The shape of things to come	Martin Simon, Executive Director, Time Banks UK
1.45	New directions in government thinking	Andrew Cozens CBE IDeA – Strategic Advisor for Children, Adult and Health Services
2.05	Social justice in communities	Huw Lewis AM, Deputy Minister for Social Justice – Welsh Assembly
2.15	Transforming neighbourhoods	Geoff Mulgan, Director, The Young Foundation
2.40	Shaping up – ideas exchange	Martin Farrell
3.25	TEA	
3.45	WORKSHOPS	
	1) Social Networks	Lucie Stephens – NEF
	2) Asset Based Community Development	Stephen Knight – Scarman Trust
	3) Social franchising	Andrew Dicks – TimeBank
	4) Co-production	Edgar Cahn – Time Dollar Institute
	5) Working with the media	Julian Dobson – New Start magazine
	6) Volunteering in the 21st century	Anne Blackmore – NCVO
4.30	Workshops repeated	
5.15	Ordinary miracles	Members of the time banking community
5.50	Closing summary	Martin Farrell
6.00	FINISH	
7.00	Dinner at the hotel	
8.30	After dinner speaker	Edgar Cahn, Founder and Chairman of the Board, TimeBanks USA
9.00	FINISH	

Friday 5 May

Day 2	What	Who
9.00	Time Banks UK AGM	Members
9.30	Introduction to the day	Martin Simon
9.40	Time banking and older people	Mashi Blech – Elderplan, New York
	Time banking and mental health	Zoe Reed – SLAM NHS Trust
	Time banking and diversity	Roz McCarthy – Clapham Park Time Bank
10.40	COFFEE	
11.00	Practitioners workshops including	
	1) Prison partnerships	Julie Baxter
	2) The Welsh model	John Rogers
	3) Working with older people	Mashi Blech
	4) Fundraising	Claire Greenhalgh
	5) Sustainability	Chris Lee
	6) Being a social entrepreneur	Matthew Thomson
	7) Going green	Jon Cousins
	8) Measuring impact	Richard Murray
	9) Collaboration – local currencies	Les Squires
	And more to be announced	
1.00	LUNCH	
2.00	Co-producing the future World café session	Martin Farrell ALL
3.30	Actions from the regions Scotland Wales Internationally Summing up	Joy Robinson Tam Cassidy Beccy Booth Edgar Cahn Martin Simon & Martin Farrell
4.00	CLOSE AND TEA	

Time Banks UK in association with New Start magazine

The award-winning New Start magazine is the first choice weekly news magazine in the UK for all involved in community regeneration. It exists to provide news, comment and analysis for all concerned with regeneration, physical, economic and social, and to stimulate debate and discussion of policy.

For more information visit: www.newstartmag.co.uk



newstart